

BEST PRACTICES FOR PASSWORDS



1 CREATE LONG PASSPHRASES



Create passphrases by combining a few words from a favorite song or quote. Use uppercase letters, lowercase letters, numbers and symbols with at least 9 characters total. Vary the passphrase for each account to increase security.



CYBER AWARENESS TRAININGS

2

Digital threats continue to rise and human error is the main cause of cyberattacks. Attend a [PCA training](#) for insights into common threats, refresh your policies and remain compliant, and identify vulnerabilities so you can act before disaster. You can also utilize our partnership with [KnowBe4](#), a leader in cybersecurity awareness, to sign up for Phishing Simulations. We will regularly test your employees by sending fake emails that look like they're coming from a real hacker. We provide the results and suggestions to help keep your team vigilant.

3 ENABLE MULTI-FACTOR AUTHENTICATION (MFA)



MFA requires you to provide verification factors to gain access to your account. Rather than simply entering your username and password, it will prompt you to use a PIN, a confirmation on your smartphone, or even a fingerprint. [WatchGuard AuthPoint MFA](#) will stop 99.9% of hacks!

4 REGULARLY CHECK YOUR ACCOUNTS



The National Institute of Standards and Technology (NIST) recommends organizations utilize services like [Dark Web ID](#) to scan for accounts and passwords stolen in previous breaches.